

Vehicle Emergency Kit Checklist

If you have a vehicle, create your own vehicle emergency kit to keep you and your family safe. Supplement this kit with additional items, depending on the weather (i.e. outdoor clothing for the winter months). Don't be discouraged by the number of items on the list. Being prepared for emergencies does not happen overnight. Use this checklist to build your kit over time. By taking small steps, you and your family can be prepared without overwhelming your schedule or your budget.

Basic Items

- Water
- Blanket
- Candle in a deep can and matches
- Extra clothing and shoes
- Seatbelt cutter
- First-aid kit
- Flashlight (battery-powered or crank)
- Food that will not spoil (such as energy bars)
- List of contact numbers
- Radio (battery-powered or crank)
- Small shovel, scraper and snowbrush
- Warning light or road flares
- Whistle

Recommended Additional Items

- Antifreeze
- Windshield washer fluid
- Fire extinguisher
- Road maps
- Sand, salt or cat litter (non-clumping)
- Tow rope and jumper cables
- Copy of your emergency plan and personal documents

Take Your Preparedness to New Heights

- If you haven't done it already, complete your [personal preparedness plan](#)
 - Take the [Personal Preparedness Course](#)
- Build an [emergency kit](#) and/or [grab-and-go kit](#) for your home too
- Have pets? Build a [pet emergency kit](#)
- Make a list of personal items in your home that you would want to take with you, if time allowed (photo albums, computers, back-up hard drive, heirlooms etc.)
- Call your insurance company to discuss coverage and obtain additional coverage, if required
- Refresh your kit (check expiry dates on food, update your contact list and refresh water)

For more information on hazards in Alberta, contact your municipality's Director of Emergency Management or the Alberta Emergency Management Agency at 780-422-9000 (Dial 310-0000 for toll-free access outside Edmonton) or visit www.aema.alberta.ca.